



St. Joseph's School

LOYALTY TRUTH LOVE

Distance Learning well-being program – 2021-2022.

Wellbeing is a state in which every individual realizes his or her potential, can cope with the normal stresses of life, can work productively and fruitfully and is able to contribute to his or her community.

– World Health Organization, 2014

Our school aims to enable our children, staff, parents and everyone working in partnership with the school to develop the knowledge and understanding, skills, capabilities and attributes necessary for mental, emotional, social and physical wellbeing, now and in the future.

THE FRAMEWORK

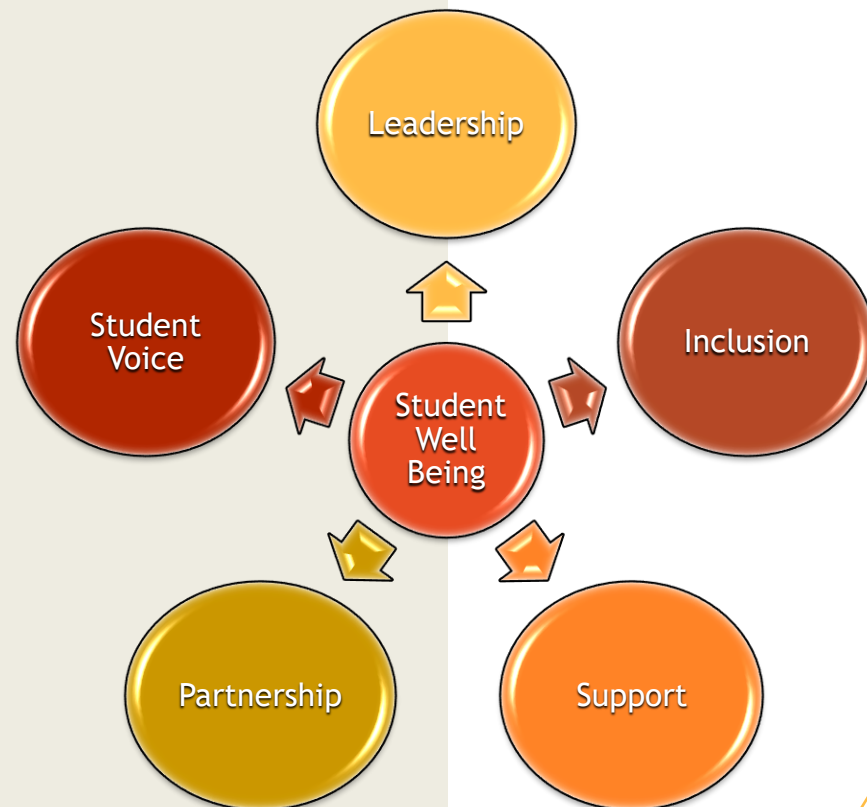
The five elements of leadership, inclusion and support provide the foundation for the school community to promote student well-being, safety and learning outcomes.

Transition to online learning has been an exciting challenge for SJS. We have been acutely aware of the communal stress of the current situation, academically, socially, and economically. As this is potentially a difficult time, looking for ways to support student's wellbeing is important.

We know that these exceptional circumstances are a change for our education, students, and their families, but change brings opportunities as well as challenges.

The wellbeing department works to promote and protect the social and emotional wellbeing of all SJS Students, families, and staff. We aim to work proactively and reactively, to ensure sound emotional development, which in turn allows pupils to flourish within the classroom. Our core values are to promote a positive community, positive emotions, positive health, positive relationships, positive achievement, and positive balance.

Our Well-being department offers individual counselling, small group interventions, class support as well as whole school wellbeing education.



LEADERSHIP

Visible leadership to inspire positive school communities



- Develop the school's vision and values, building on existing strengths, to enhance student learning and sustain the safety and wellbeing of the school.
- Actively seek and incorporate students' perspectives about safety and wellbeing in order to promote positive learning outcomes.
- Communicate the priorities for student learning, safety and wellbeing and encourage collaborative partnerships to enact the school's vision and values.
- Collaboratively develop school policies, plans and structures for protecting the safety and promoting the wellbeing of staff, students, and families
- Regularly monitor and review school capacity to address the safety and wellbeing of the school community in order to identify areas of strength and those requiring improvement.

INCLUSION

Inclusive and connected school culture



- Recognise and value the role and contribution of staff, students, and families in building and sustaining school connectedness.
- Respect the diversity of the school community and implement proactive strategies to build a cohesive and culturally safe school.
- Teach, model, and promote values and behaviour to create and maintain supportive and safe learning environments.
- Foster and maintain positive, caring, and respectful student–peer, student–teacher, teacher–parent and teacher–teacher relationships.
- Engage in professional learning to build capacity for enhancing the social, emotional and learning outcomes of all students and to promote staff wellbeing.

- Create and maintain inclusive and interactive learning environments to encourage active student participation to foster a sense of connectedness.
- Actively engage students through the use of evidence-informed, strengths-based approaches to enhance their own learning and wellbeing.
- Collaborate with students to develop strategies to enhance wellbeing, promote safety and counter violence, bullying and abuse in all online and physical spaces.

STUDENT VOICE

Authentic student participation



PARTNERSHIPS

Effective family and community partnerships



- Proactively build collaborative relationships with families and communities to create a shared understanding of how to support student learning, safety, and wellbeing.
- Develop strategies to sustain culturally respectful partnerships with families and communities that are welcoming and inclusive.
- Build links with community organisations, services, and agencies to assist schools in the early identification of need and to collaboratively plan targeted support for all students and families, including those from vulnerable groups.

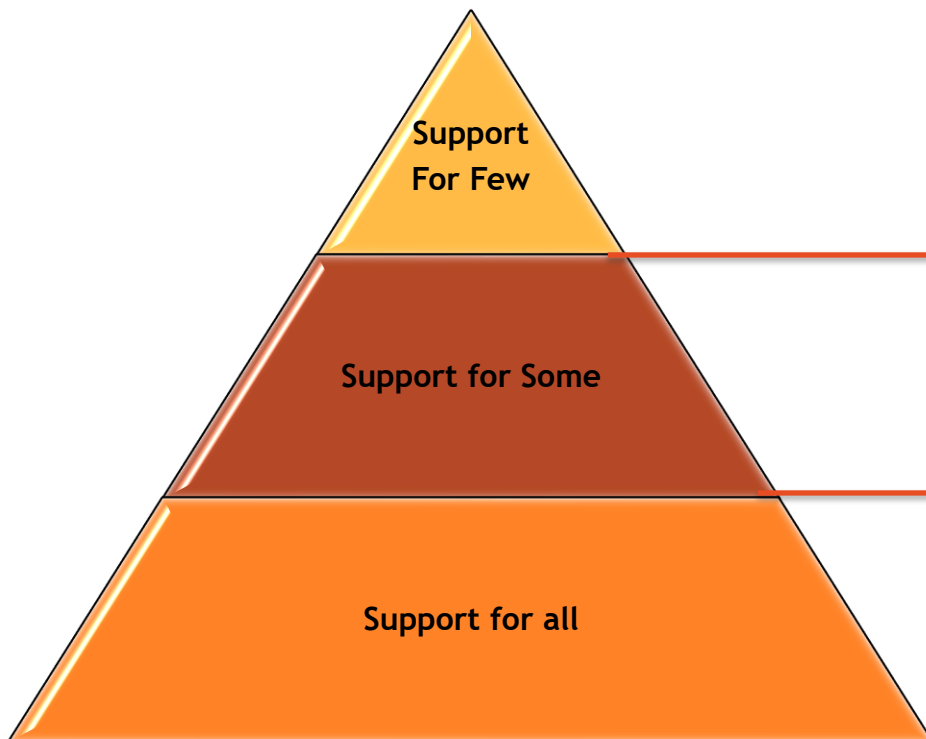
- Actively seek the involvement of school staff, students and families in the promotion and recognition of positive behaviour.
- Embed wellbeing and support for positive behaviour strategies that are evidence-informed, promote resilience and align with the needs of the school community.
- Implement a whole school systemic approach to wellbeing and positive behaviour with tiers of support to meet the diverse needs of staff, students, and families.
- Engage in professional learning to support the consistent implementation of the school's plan for wellbeing and support for positive behaviour.
- Critically analyse and evaluate school data to inform decision-making in order to effectively respond to the changing needs of students and families.

SUPPORT

Wellbeing and support for positive behavior



Continuum of Support



School Support Plus for Few

Individualized, targeted intervention for children and young people with more complex and enduring needs.

School Support for Some

Identification, targeted prevention, and early intervention for those at risk.

Whole School and Classroom Support for All

Whole school support for wellbeing promotion that includes prevention and development of social and emotional competence & coping skills for all.

WELLBEING - MEASURING SUCCESS

We are monitoring the school culture and student wellbeing and engagement through:

- Attendance rate.
- Student retention data.
- Learning days lost due to student disciplinary absences.
- School opinion survey responses.
- Various Programs will be conducted to improvise social, emotional, and physical wellbeing of our students.